DEPARTMENT OF HEALTH AND HUMAN SERVICES

Substance Abuse and Mental Health Services Administration Center for Mental Health Services

Guidance for Applicants (GFA) No. SM 02–016
Part I - Programmatic Guidance

Targeted Capacity Expansion: National Technical Assistance Center for the Mental Health Services Needs of Older Adults

Short Title: Older Adult Technical Assistance

Application Due Date: August 8, 2002

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Date of Issuance: June, 2002

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Agency

The Department of Health and Human Services (DHHS), Substance Abuse and Mental Health Services Administration (SAMHSA), Center for For reference, GFA No. SM 02-009 was published Mental Health Services (CMHS).

GFA No. SM 02-009 was unaffected by the withdrawal of the Group II component for the National Technical Assistance Center. The awardees for the Targeted Capacity Expansion Program **Group I** initiative of GFA No. SM 02-009 will be referred to hereafter as **Group I** Awardees.

in April 2002 and remains available in downloadable format on the SAMHSA website. www.samhsa.gov. Look under the "Grant Opportunities" section.

Action and Purpose

Health Services (CMHS), announces the availability of fiscal year (FY) 2002 funds for mental health needs.

announcement for a National Technical Assistance Center for the Mental Health Needs Years 1 and 2. Only those programs that have of Older Adults. The National Technical disseminate the knowledge base for mental healthand 2 will be renewed for Years 2 and 3. outreach, prevention, early intervention, assessment, and treatment services for older persons.

portion of GFA No. SM 02-009 which was

The Substance Abuse and Mental Health Service Annual awards will be made subject to Administration's (SAMHSA), Center for Menta continued availability of funds and progress achieved by the National Technical Assistance Center awardee. Given the importance of increasing service capacity for older persons with serving resources for only those programs that are most likely to be able to document program outcomes by the end of Year 3, careful review of

One type of award will be made under the current products delivered will be completed by the Government Project Officer (GPO) at the end of completed all required products to the satisfaction of Assistance Center will identify, synthesize and SAMHSA/CMHS program staff at the end of Years

Who Can Apply?

It is estimated that a total of \$900,000 will be Eligibility to apply for the **National Technical** available to support one award in FY 2002. Actualssistance Center will be limited to domestic funding levels will depend on the availability of public and private nonprofit entities. funds. Support may be requested for a period of up to 3 years (in three budget periods of 1 year For example, the following are eligible to apply: each).

- State agencies or departments.
- County agencies. This announcement is a reissue of the Group II C
 - City agencies.

withdrawn on June 17, 2002 (see Federal Register State regional agencies.

Volume 67, Number 116, page 41254 for notice of Indian tribes or tribal organizations (as defined in this program withdrawal). The Group I initiative of Section 4(b) and Section 4(c) of the Indian Selfdetermination and Education Assistance Act). the Targeted Capacity Expansion program within

- C Private, not-for-profit agencies.
- C Public or private universities.

program. It is different for each GFA. This document is Part I.

States are defined in Section 2 of the PHS Act and Part II - Has general policies and procedures include, in addition to the 50 States, the:

- District of Columbia.
- C Guam.
- C Commonwealth of Puerto Rico.
- C Northern Mariana Islands.
- C Virgin Islands.
- C American Samoa.
- C Trust Territory of the Pacific Islands (now Palau, Micronesia, and the Marshall Islands).

that apply to nearly all SAMHSA grants and cooperative agreements. Please refer to the section on Special Considerations and Requirements included in this document for a listing of policies in Part II that are relevant to this cooperative agreement program.

You will need to use both Part I and Part II to apply for this program.

To get a complete application kit, including Parts I and II, you can:

Interested parties who do not meet these criteria, are encouraged to partner with an agency or organization that is eligible to apply as the lead Knowledge Exchange Network (KEN) at: agency.

Call the SAMHSA/CMHS

Voice: 1-800-789-2647 8:30 a.m. to 5:00 p.m. e.s.t.

Applicants are encouraged to form partnerships TDD: 866-889-2647 with consumer, family, and consumer-supporterFax: 301-984-8796

groups who are focused on the needs of older E-mail: ken@mentalhealth.org

persons, both in the areas of mental health and the rite: P.O. Box 42490 Washington, D.C. 20015 general issues of aging.

Web site: www.mentalhealth.org

Applicant organizations who applied for a **Group I** award under the program described under GFA

No. SM 02-009 cannot apply as the applicant organization for the Technical Assistance Download the application kit from the SAMHSA

Center under this announcement.

or

web site at www.SAMHSA.gov Click on "Grant Opportunities." Be sure to download both the Part I, the GFA, and Part II, the blank form

PHS 5161 to make a complete application kit.

Application Kit

SAMHSA application kits include two parts: Part or questions about elements in Part II of the I, the Guidance for Applicants (GFA) and Part II application kit you may consult the website, the blank form PHS-5161 (revised July 2000) needed to apply for an award.

www.samhsa.gov, click on "Grant Opportunities," then click on "Assistance with Grant Applications."

Part I - Provides information specific to this

Where to Send the **Application**

Send the original and two copies of your application to:

SAMHSA Programs

Mr. Ray Lucero SAMHSA Referral Officer Division of Extramural Activities, Policy, and Review Substance Abuse and Mental Health Services Administration Parklawn Building Room 17-89 5600 Fishers Lane Rockville, MD 20857

*Change the zip code to 20852 if you use exprecenter for Mental Health Services mail or courier service.

Please note:

1) Be sure to type: "GFA# SM 02-016, Targeted (301) 594-2197 Capacity Expansion: National Technical Assistance Center for the Mental Health Services Needs of Older Adults" in Item Number 10 on the face page of the PHS 516 for questions on grants management issues, application form.

2) If you require a phone number for delivery, Stephen Hudak may use (301) 435-0715.

3) All applications MUST be sent via a recognized commercial or governmental carrier. Hand-carried applications will not kwall II, Room 630 be accepted.

Your application must be <u>received</u> by August 8, 2002.

Applications received after this date must have a proof-of-mailing date from the carrier on or before August 1, 2002.

Private metered postmarks are <u>not</u> acceptable as proof of timely mailing. Late applications will be returned without review.

How to Get Help

For questions on program issues, contact:

Betsy McDonel Herr, Ph.D. Government Project Officer (GPO)

SAMHSA

Room 11C-22 Parklawn Building

5600 Fishers Lane

Rockville, Maryland 20857

Fax (301)443-0541

E-mail: bmcdonel@samhsa.gov

contact:

Grants Management Officer Division of Grants Management Substance Abuse and Mental Health Services Administration 5515 Security Lane Rockville, MD 20852 Phone (301)443-9666

E-mail: shudak@samhsa.gov

Application Date

Grants and Cooperative Agreements

The National Technical Assistance Center **Award** will be awarded as a cooperative agreement, because it requires substantial ongoing participation on the part of the GPO for this program. The National Technical Assistance Center is expected to work closely with the GPO and associated Federal staff, as well as the Group **I** Awardees for the TCE program to ensure the C success of this new program.

Role of Federal Staff in this **Program**

- C Provide the Federal interpretation of the provisions of the GFA.
- C Monitor the overall progress of the program sites.
- Provide technical assistance to **Group I** program sites regarding the implementation Role of the National Technical the project plans in collaboration with the National Technical Assistance Center for this C initiative.
- C Provide consultation in collaboration with the National Technical Assistance Center, as appropriate, to TCE **Group I** Awardees on the design and implementation of the evaluation modifications or adaptations of the project plan. plans, including the collection of data required by the Government Performance and Results C Act (GPRA; see Appendix IV).
- Provide guidelines for submission of annual and final financial and other required progress C reports.

- Provide consultation on the development of tools and other products accruing from the project.
- Conduct site visits as needed to monitor the implementation of the program plans and evaluation activities.
 - Work with the National Technical Assistance Center to convene annual national meetings of the Program Directors and Evaluators for sites.
 - Collaborate with the National Technical Assistance Center in interpreting the results of the evaluations from the **Group I** awardee sites, and in developing the publications of program findings, program products, and other dissemination activities.
- Supply the National Technical Assistance **Center** with knowledge products from other SAMHSA-funded projects on the mental health services needs of older adults for the purpose of dissemination by the center.

Assistance Center in this Program

- Comply with all aspects of the Terms and Conditions of the cooperative agreement.
 - Consult with the GPO, and obtain prior written approval from the GPO on significant
- Coordinate and attend an annual 2-day national meeting of program sites to be held in Washington, D.C.
- Use the technical assistance that will be provided by SAMHSA/CMHS staff in postaward activities.

- partners, as designated by the GPO, regarding evidence-based practices to promote, Facilitate and implement the meaningful participation of consumers and family membersknowledge products to disseminate, evaluation in the planning and implementation of the practices, site visits, and acceptance of technical National Technical Assistance Center activities assistance.
- C Be responsive to requests from **Group I** awardees for the TCE program for information requests for information relevant to the and technical assistance.
- Cooperate with SAMHSA and its partners, as designated by the GPO, in responding to cooperative agreement.
- Disseminate information about the activities Funding Criteria evaluation findings of the program through publications, presentations at conferences, Decisions to fund a cooperative agreement under collaborations with the **Group I** program sites announcement will be based upon: and other stakeholders across the Nation to make the findings available to the field.
- Agree to provide SAMHSA with summary data required for the Government Performance and Results Act (GPRA; see Appendix IV) gathered from the sites and to c provide technical assistance to Group I awardee program sites in collecting and reporting these data for their sites. The National Post-award Requirements Technical Assistance Center will coordinate

 The awardee for the Targeted Capacity analyses, and prepare an interim and final by all **Group I** awardees.
- c Provide the GPO with data relevant to the performance of the National Technical Assistance Center, as needed, in order to meet GPRA reporting requirements.
- Coordinate and participate in awardee teleconferences to be called by Federal representatives on an as-needed basis.
- Comply with direction from SAMHSA and its

The overall technical merit of the application, as determined by the Peer Review Committee and concurred to by SAMHSA's CMHS National Advisory Council.

Availability of funds.

Expansion: National Technical Assistance report using the GPRA outcome data generated. Center for the Mental Health Services Needs of Older Adults program will be required to:

- Comply with the GFA requirements and the Terms and Conditions of Awards.
- Provide financial status reports, as required in the PHS Grants Policy Statement.
- Submit an annual report summarizing:
 - Project progress and accomplishments.
 - Changes in key personnel.
 - Problems encountered and how they were

addressed.

- Alterations in approaches utilized.
- < Proposed plans for the next budget periodervices for their mental illness, if needed. Services
- for the next budget year.
- < A proposed budget and budget justification provided to persons in institutional settings, such as nursing homes, or to persons at high risk for placement in institutional settings should aim to help

problems if they are co-occurring with a serious mental illness and if these persons are also receiving

- summarizing:
- Submit a final report at the end of the projecolder persons maintain independence and to provide care in the least restrictive setting possible.

 - < Lessons learned.
 - < Manuals, protocols, or other tools and resources developed as implementation to older persons. guides.
 - < Implications for services.
 - < Results of the evaluation.

< Project findings and accomplishments. The TCE program may include services to caregivers and family members if these services are given in addition to, but not in lieu of, direct services

Consumers and Family Members

Comply with the Government Performance Project Officer (GPO) with GPRA data relevant to the performance of the National

Technical Assistance Center.

Agree to participate in post-award technical Targeted Capacity assistance activities (if funded).

Results Act (GPRA) reporting requirements for the purpose of this initiative, consumers are for core client outcome measures by collecting and as persons aged 65 years or older who have these data from Group I program sites and received or are receiving mental health services. summarizing them in annual reports and in a Family members are defined as relatives of older final report to the GPO. (see Appendix IV forersons who are or have been mental health services GPRA measures). Provide the Government consumers. Guidelines for consumer and family participation are given in Appendix III of this GFA.

Target Population

For the purposes of this initiative, the target population is defined as persons who are 65 year Mental Health Services and older who are in need of mental health servi Needs of Older Adults (early intervention and treatment) or who are at risk for mental health problems and who might benefit The National Technical Assistance Center and other relevant definitions). Persons with

Program Overview: Expansion Award for a National Technical Assistance Center for the

from prevention services (see Appendix I for these awardee will provide technical assistance and evaluation consultation to entities interested in substance abuse problems may be treated for these implementing evidence-based mental health

outreach, prevention, early intervention, and/or treatment services targeted to persons 65 years and implementation aids and manuals will older. The National Technical Assistance **Center** Awardee under will give priority assistance well as to providers, administrators, quality to the TCE Group I awardees in order to help these grantees achieve their program goals. However, technical assistance should also be made interested in implementing evidence-based available to other entities across the Nation. (Resource information on mental health services foincluding outreach, assessment, prevention, older adults is given in Appendix II.)

In order to meet the objectives under this initiative, Prepare a policy analysis report about the applicants must engage in each of the following funding barriers experienced by providers of activities:

- Group I Awardees. This includes providing updated information about evidence-based services, as well as ongoing consultation and coordinating support to assist in the implementation of evidence-based mental health practices for older persons at the program sites. The Technical Assistance Center Assist in the dissemination of knowledge will provide consultation and assistance to **Group I** awardee program sites in evaluation efforts and in dissemination of program products and findings. The Technical Assistance Center will hold an annual meeting Assistance Center by the GPO. of **Group I** awardees.
- Collect, analyze, and report GPRA data from Group I Awardee sites. The Technical interim and final reports to the GPO.
- Collect, synthesize, and disseminate the knowledge base for mental health outreach, prevention, early intervention, assessment, and treatment services for older adults.
- Identify and/or develop materials that will will facilitate the faithful implementation of

evidence-based practices. These be made available to **Group I** Awardees, as improvement specialists, evaluators, and consumers across the Nation, who are mental health practices for older persons, early intervention, and treatment.

established evidence-based mental health services to older persons. To complete this C Provide information and technical assistance to policy analysis, the **National Technical Assistance Center** must collect relevant information from the literature, from Group I awardees, from federal agencies, from other providers, and from key informants across the Nation.

> products acquired from SAMHSA-funded projects on the mental health needs of the older adults. These knowledge products will be made available to the **National Technical**

- Be a resource to multiple stakeholders across the country who are focused on services for older persons. This includes disseminating Assistance Center will summarize these data in materials on evidence-based practices, materials and manuals to support implementation efforts, information about funding practices, and findings and products from other SAMHSA-funded projects on older adult mental health services.
 - Conduct an evaluation of the performance of the National Technical Assistance Center. Provide an evaluation plan that will provide reliable and valid information about the impact

that the activities of the National Technical Assistance Center has had on helping awardees to better provide evidence-based mental health services to older adults. Approximately 10% of the total award is to be used to conduct this evaluation.

C Provide the GPO with GPRA data relevant to the performance of the National Technical Assistance Center. These data include obtaining information from stakeholder consensus panels about the quality and satisfaction with materials generated by the National Technical Assistance Center for dissemination: data on the amount of technical assistance provided; and data on the number of programs the National Technical Assistance Center has helped to implement evidence-based services for older adults.

Quality improvement activities and mechanisms to improve outcomes and to increase service stakeholders across the nation and on **Group I** accessibility are supported under this initiative. This may also include efforts to reduce the disparities in access to mental health services among subpopulations such as racial/ethnic minorities, persons in rural settings, and persons with mental illness who have co-occurring substance abuse or physical disorders.

> 3. To engage in the building of system infrastructure that will support the increased amount, quality, and accessibility of services to older persons. Expanded infrastructure can include consensus building among key stakeholders, community outreach and education, quality improvement activities, social marketing, the inclusion of consumer and family participation in service development and evaluation activities, and the building of service linkages among providers. Infrastructure development activities alone, without the parallel

implementation of services, will not be supported The technical assistance provided to the **Group I** awardees must reflect the three programmatic goalby this grant mechanism. of that program:

1. To increase existing services, or to develop and implement new mental healthack to GFA No. SM 02-009. prevention, early intervention, and/or treatment services targeted to persons 65 years and older. Services to be implemented etailed Information on should be supported by a strong evidence bas What to Include in Your Applicants may target specific subpopulations of older persons with particularly high needs Application within their communities, such as racial/ethnic

abuse disorders or physical disorders.

- For additional detail on program goals and requirements for **Group I** awardees please refer
- groups, persons in rural areas, or persons wiln order for your application to be complete and mental illness who have co-occurring substantigible, it must include the following in the order listed. Check off areas as you complete them for your application.
- 2. To improve the quality and accessibility of 1. FACE PAGE mental health services to older persons.

pages.

Use Standard Form 424, which is part of the PHS

5161-1. See Appendix A in Part II for instructions. In signing the face page of the **G** Section A - Understanding of the Problem

accurate and complete.

application, you are agreeing that the informatio 6 is Section B - Implementation, Coordination and Dissemination Plan

Note: When entering the amount of Federal fun **G** Section C - Evaluation Plan, Data Collection, requested on the face page, be sure to include the and Analysis total amount (direct and indirect costs) for the first <u>year of the ward only</u>, not the entire grant period **Section D** - Project Management and Staffing three years. Plan, Equipment, Facilities, and Resources

2. ABSTRACT

The support documentation for your application is made up of Sections E through H. There are

Your total abstract may be no longer than 35 lines page limits for the following sections, except for (single space 12 point or higher font). Section H, the Biographical Sketches/Job Descriptions.

In the **first five lines or fewer** of your abstract, write a summary of your project that can be use GinSection E - Literature Citations publications, reports to Congress, or press releases, if funded. This section must contain complete citations,

3. TABLE OF CONTENTS

Include page numbers for each major section of your application and for each appendix.

including titles, dates, publication source, and all authors for any literature you cite in your

application. **G** Section F - Budget Justification, Existing

Resources, Other Support

4. BUDGET FORM

Use standard Form 424A. See Appendix B in Part items included in your proposed budget, as well II for instructions.

5. PROJECT NARRATIVE AND SUPPORT DOCUMENTATION

These sections describe your project. The Project Narrative is made up of Sections A through

D. More detailed information of Sections A through D follows #10 of this checklist. Sections A through D may be no longer than 30

You must provide a narrative justification of the as a description of existing resources and other support you expect to receive for the proposed project.

- **G** Section **G** Biographical Sketches and Job Descriptions
 - **S** Include a biographical sketch for the Project Director/Principal Investigator, and for other key positions including Evaluation Staff,

Data Analytic and Data Management staff, Project Coordinator and Administrative staff, Communications staff, and Trainers. Each sketch should be no longer than **two pages**. If the person has not been hired, include a letter of commitment with the sketch.

- S Include job descriptions for key personnel. They should be no longer than **one page**.
- S Sample sketches and job descriptions are listed in Item 6 in the Program Narrative section of the PHS 5161-1.
- **G** Section **H** Confidentiality and SAMHSA Participant Protection (SPP)

The seven areas you need to address in this section are outlined after the *Project Narrative/Review Criteria—Sections A Through D Detailed* section of this document.

6. APPENDICES 1 Through 6

- **S** Use only the appendices listed below.
- S Do not use appendices to extend or replace any of the sections of the Project Narrative. (Reviewers will not consider them if you do.)
- **S Do not** use more than **40 pages** (plus all instruments) for the appendices.

Appendix 1: Completed Certification of Eligibility. Eligibility requirements are specified in Part I of the GFA, in the section entitled "Who Can Apply?"

Appendix 2: Letters of Support from Persons and Organizations Who Will Provide Support to the Project (including

Collaborative Commitments, Memoranda of Understanding, Interagency Agreements, Inkind Contributions, Commitments from Consultants or Contractors, etc.)

Appendix 3: Non-supplantation of Funds Letter.

Appendix 4: Data Collection Instruments/Interview Protocols

Appendix 5: Sample Consent Forms.

Appendix 6: Documentation of Coordination with Federal/Non-Federal Programs

7. ASSURANCES

Non-Construction Programs. Use Standard form 424B found in PHS 5161-1.

8. CERTIFICATIONS

Use the "Certifications" forms which can be found in PHS 5161-1.

9. DISCLOSURE OF LOBBYING ACTIVITIES

Use Standard Form (SF) LLL and (SF LLL-A, if needed)which can be found in the PHS 5161-1. Please see Part II for information on lobbying prohibitions.

10. CHECKLIST

See Appendix C in Part II for instructions.

Project Narrative/Review

Criteria – Sections A Through D Detailed

Your application for the National Technical **Assistance Center** award consists of responses to Sections A through H. Sections A through D, the Project Narrative parts of your application, describe what you intend to do with your **project.** Below you will find detailed information on how to respond to sections A through D:

- T Sections A though D may be no longer than 30 assessment, outreach, prevention, early pages.
- T A peer review committee will assign a point value to your application based on how well C you address these sections.
- T The number of points after each main heading shows the maximum points a review committee Understanding of the types of program may assign to that category.
- T Reviewers will also be looking for plans to address cultural competence. SAMHSA defines cultural competence as a set of behaviors, skills, attitudes, and policies that promote awareness, acceptance, and respect for differences among people. (See Appendix II in this GFA for Resources on Cultural Competence.)

Section A: Understanding of the Problem (20 points)

Applicants should describe their understanding of the objectives for the National Technical Assistance data from Group I program sites to be Center. Demonstrate:

C Familiarity with the problems of providing mental health services to older persons in te Goordination, and Dissemination of:

- < Numbers and sociodemographic characteristics of older individuals with mental illness.
- The types of illnesses and categories of comorbidity that are most prevalent.
- < Patterns of service use, needs, barriers to care, and funding for care.
- Regional differences.

Knowledge of the evidence base for screening, intervention, and treatment services for persons 65 years and older.

Knowledge of provider expertise and availability needed to provide evidence-based services for older adults.

implementation problems that the Group I awardee program sites are likely to experience as they enhance the capacity to provide mental health services to older persons. Describe the types of technical assistance that the **Group I** awardees are likely to need when implementing these services.

Understanding of the types of assistance Group I awardees will need to conduct their local program evaluations and to collect GPRA client outcome data.

Understanding of the cross-site collection, analysis, and reporting of GPRA client outcome performed by the Technical Assistance Center.

Section B: Implementation, Plan (35 Points)

Applicants should describe an implementation plan organizations, policymakers and other key for the National Technical Assistance Center that includes the following components:

- Describe how technical assistance will be offered to Group I awardees on an ongoing and as-needed basis. Address areas of delivering program information and providing consultation on implementation, evaluation, andknowledge products from other SAMHSAdissemination activities.
- collect GPRA data and to achieve the required 80 percent response rate. Describe how these data will be summarized in interim annual and final reports to the GPO.
- Provide a plan to synthesize and disseminate the knowledge base for mental health assessment, screening, outreach, prevention, early intervention, assessment, and treatment for older persons.
- Propose plans to identify existing manuals and persons who are consumers of mental health service implementation resources and to that will be used by others to facilitate the faithful implementation of evidence-based services for older persons. Describe how these Propose plans for coordinating and conducting resources will address the needs of multiple stakeholder groups, including providers, administrators, quality improvement specialists D.C., area and will include participation by the evaluators, and consumers.
- Propose plans to document and prepare a policy analysis of funding barriers for established evidence-based practices for older are or have been consumers of mental heath adults. Describe how input about funding barriers will be collected from Group I Awardees and from other sources in the field

including federal agencies, provider informants across the Nation.

- Provide a plan for making all knowledge products, manuals, implementation resources, policy reports, information on evidence-based practices, products developed from the Targeted Capacity Expansion program, and funded projects on older adult mental health services provided by the GPO available and Propose plans for helping Group I awardees to accessible to the Group I Awardees and to stakeholders across the Nation who are interested in implementing evidence-based services for older persons.
 - Provide a plan for providing training, workshops, presentations, conferences, and expert consultation to parties interested in adopting evidence-based screening, assessment, prevention, treatment, and outreach.
 - Propose methods and plans to include older services and their family members in the planning develop and refine new materials and resources and implementation of activities to be completed by the National Technical Assistance Center.

an annual meeting of Group I awardees. This 2-day meeting is to be held in the Washington GPO and other Federal partners designated by the GPO. The National Technical Assistance Center awardee must identify and pay travel expenses for two older persons who services and one family member to participate in each annual meeting. Attendance at these annual meetings is required for the Program

Director of the National Technical Assistance Center. Travel expenses for the Program Director and Evaluator from each Group I awardee program site will be funded by the **Group I** awardee. The National Technical C Assistance Center must include all other expenses for the annual meeting budget.

Provide specific evaluation questions to be examined and hypotheses to be tested, if appropriate.

Describe the data collection plan, including:

- Sources of data.
- Data management and quality control.

Describe the analytic methods to be used.

A description of plans for preparing interim and final reports, conference presentations, and C publications. Describe other means of disseminating the activities and products of the Indicate whether and how qualitative methods National Technical Assistance Center, such as establishing a web site and a toll-free number.

will be used.

A description of how consumers and family members will contribute to the dissemination of the performance of the National Technical materials and resources generated by the National Technical Assistance Center.

Discuss how consumers and family members will participate and contribute to the monitoring of Assistance Center.

A description of how the public will be made aware of the resources available through the National Technical Assistance Center.

Provide evidence that the proposed evaluation plan is sensitive to age, gender, sexual orientation, race/ethnicity, and other cultural factors related to the target population and, as appropriate, to the community to be served.

Section C: Evaluation Plan, Data Collection, and Analysis (20 points)

For the cross-site evaluation plan of **Group I** program sites using GPRA data only:

In this section, applicants should provide two evaluation plans. One plan is for conducting an evaluation of the activities of the National Technical will be collected, stored, and analyzed for the Assistance Center. The second plan is for conducting a cross-site evaluation of Group I program sites, using GPRA data.

GPRA outcome measures (see Appendix IV) program sites. Describe how the results will be organized into an annual interim reports and a final report.

Discuss how SAMHSA/CMHS core client

The following apply to both evaluation plans:

For the Technical Assistance Center Evaluation plan only:

Summarize the plan for evaluating the proposed Describe plans for monitoring and ensuring the activities.

quality of implementation of activities of the National Technical Assistance Center.

Discuss how data relevant to the performance of the National Technical Assistance **Center** and to the collection of data relevant to GPRA requirements for the National **Technical Assistance Center's performance** will be collected and made available to the GPO through quarterly and annual reports. These data include obtaining information from National Technical Assistance Center for dissemination: data on the amount of technical assistance provided; data on the number of programs the National Technical Assistance Center has helped to implement evidence-based services for older adults: and other data as requested by the GPO, as needed.

Section D: Project Management and Staffing Plan, Equipment, Facilities, and Resources (25 Points)

Applicants must demonstrate their ability to carry out the proposed program activities in terms of staffing and management plans, by providing the following:

- C A description of the qualifications and experience of the key personnel, including:
 - < Project director.
 - < Evaluation staff.
 - < Communications staff.
 - < Administrative and coordination staff.
 - < Analytic and data management staff.
 - < Trainers.
 - < Other key personnel.

Documentation of the capability and experience of the applicant organization with similar projects and populations.

Evidence of the capability, experience, and commitment of proposed consultants and subcontractors, including letters of commitment (attach as Appendix 2).

stakeholder consensus panels about the quality A discussion of how professional staff, target and satisfaction with materials generated by the population, and/or family representatives will be National Technical Assistance Center for dissemination; data on the amount of technical assistance provided; data on the number of programs the National Technical Advantage A discussion of how professional staff, target population, and/or family representatives will be recruited and trained, as well as what strategies have been developed for retaining staff.

Describe in-service training for staff and consumer development.

Assign responsibilities to identified staff for specific tasks described in the implementation and evaluation plans.

- Evidence of the feasibility of accomplishing the project in terms of:
 - < Management plan.
 - < Time frames.
 - Coverage and complementarity of skills among project staff.
 - < Adequacy and availability of resources (e.g., staffing and collaborating agencies, facilities, equipment).

A description of the extent to which the staffing and management plans, project organization, and other resources are appropriate for carrying out all aspects of the proposed project.

Evidence that the staff are reflective of or sensitive to the diversity of the target population, i.e., sensitive to age, gender, sexual orientation, race/ethnicity, and other cultural factors related to the target population, and, as appropriate, to the community to be served, including issues

such as:

- Proficiency of staff at all levels of the organization in the languages and cultures of the target population.
- Availability of interpreters and translators trained in mental health and/or substance abuse prevention/treatment issues and terminology.

Confidentiality and **SAMHSA Participant Protection (SPP)**

You must address seven areas regarding confidentiality and SAMHSA participant protection in your supporting documentation. However, no points will be assigned to this section.

This information will:

- / Reveal if the protection of participants is adequate or if more protection is needed.
- / Be considered when making funding decisions. that might be beneficial to the subjects, where SAMHSA will place restrictions on the use of funds until all participant protection issues are resolved.

Some projects may expose people to risks in many different ways. In Section I of your application, you will need to:

- Report any possible risks for people in your project.
- C State how you plan to protect them from those risks.
- Discuss how each type of risk will be dealt c with, or why it does not apply to the project.

The following seven issues must be discussed:

1. Protection of Clients and Staff from **Potential Risks:**

- Identify and describe any foreseeable physical, medical, psychological, social, legal, or other risks or adverse effects.
- Discuss risks which are due either to participation in the project itself, or to the evaluation activities.
- Describe the procedures that will be followed to minimize effects of or protect participants against potential health or confidentiality risks. Make sure to list potential risks in addition to any confidentiality issues.
- Give plans to provide help, if needed, if there are adverse effects on participants.
 - Describe alternative treatments and procedures appropriate.
- Offer reasons if you do not use other beneficial treatments.

2. Fair Selection of Participants:

- Describe the target population(s) for the proposed project. Include age, gender, and racial/ethnic background. Address other important factors, such as homeless youth, foster children, children of substance abusers, pregnant women, or other special population groups.
 - Explain the reasons for using special types of participants, such as pregnant women, children, institutionalized or mentally disabled persons, prisoners, or persons likely to be vulnerable to HIV/AIDS.
- Explain the reasons for including or excluding participants.

Explain how you will recruit and select participants. Identify who will select participants.

3. Absence of Coercion:

- Explain if participation in the project is voluntary or required. Identify possible reasons S How you will use data collection why it is required (e.g., court orders requiring people to participate in a program).
- State how participants will be awarded money or gifts, if you plan to pay them, and state the anticipated amount or value of such payments.
- C State how volunteer participants will be told that they may receive services and incentives, even if they do not complete the study.

4. Data Collection:

- Identify from whom you will collect data (e.g., Part II. participants themselves, family members, teachers, and others). Explain how you will 6. collect data and list the site. For example, will vou use school records, interviews. psychological assessments, observation, questionnaires, or other sources?
- Identify what, if any, type of specimen (e.g., urine, blood) will be used. State if the material will be used just for evaluation and research or State: for other uses. Also, if needed, describe how the material will be monitored to ensure the safety of participants.
- C Provide in Appendix 4, a section entitled "Data S Collection Instruments/Interview Protocols" and include copies of all available data collection instruments and interview protocols elderly, people with limited reading skills, and that you plan to use.

5. Privacy and Confidentiality:

Describe how you will ensure privacy and confidentiality. Include who will collect data and how it will be collected.

Describe:

- instruments.
- **S** Where data will be stored.
- **S** Who will or will not have access to information.
- **S** How the identity of participants will be kept private (e.g., by using a coding system on data records, limiting access to records, or storing identifiers separately from data).

NOTE: If applicable, awardees must agree to maintain the confidentiality of alcohol and drug abuse client records, according to the provisions of Title 42 of the Code of Federal Regulations,

Adequate Consent Procedures:

List what information will be given to people who participate in the project. Include the type and purpose of their participation. Include how the data will be used and how you will keep the data private.

- Whether their participation is voluntary.
- Their right to leave the project at any time without problems.
- **S** Risks from the project.
- Plans to protect clients from these risks.

Explain how you will get consent for youth, the people who do not use English as their first language.

NOTE: If the project poses potential physical, medical, psychological, legal, social, or other risks, you should get written, informed cons Special Considerations and

Indicate whether you will get informed consenequirements from participants or from their parents or legal consent forms? Will you ask prospective participants questions to be sure they understand the forms? Will you give them program are:

guardians. Describe how the consent will be SAMHSA's policies and special considerations can documented. For example: Will you read the found in Part II of the Application Kit in the sections by the same names. The policies special considerations and requirements related to this

Include sample consent forms in Appendix 50, entitled "Sample Consent Forms." If needed, provide English translations.

copies of what they sign?

- **NOTE:** Never imply that the participant waives or appears to waive any legal rights, may not end involvement with the project, of may release your project or its agents from liability for negligence.
- Describe whether separate consents will be C obtained for different stages or parts of the project. For example, will they be needed for both the treatment intervention and for the
- collection of data? Will individuals who do not consent to having individually identifiable data collected for evaluation purposes be allowed to participate in the project?

- Population Inclusion Requirement Government Performance Monitoring Healthy People 2010
- Consumer Bill of Rights and Responsibilities
- Promoting Nonuse of Tobacco
- Coordination with Other Federal/Non-Federal Programs (put documentation in Appendix 6) Supplantation of Existing Funds (put documentation in Appendix 3)
- Intergovernmental Review (E.O. 12372)
- Public Health System Reporting Requirements Confidentiality/SAMHSA Participant Protection

7. Risk/Benefit Discussion:

Discuss why the risks are reasonable when compared with expected benefits and importance of the knowledge from the project.

APPENDIX I: FEDERAL DEFINITION OF SERIOUS MENTAL ILLNESS

The definition of serious mental illness for the purpose of this initiative is extrapolated from the *Federal Register*, Vol. 58, No. 96, Thursday, May 20, 1993. Persons age 18 and over who meet the criteria are considered to have a serious mental illness. The definition for serious mental illness includes the following criteria:

- C Currently or at any time during the past year,
- C Have had a diagnosable mental, behavioral, or emotional disorder of sufficient duration to meet diagnostic criteria specified within DSM-IV.
- C That resulted in functional impairment.

These disorders include any mental disorder listed in DSM-IV, with the exception of DSM-IV "V" codes, Substance-related Disorders and developmental disorders, which are excluded, unless they co-occur with other diagnosable serious emotional disturbances or serious mental illnesses. Excluded developmental disorders include Mental Retardation, Learning Disorders, Motor Skills Disorders, Communication Disorders, and Pervasive Developmental Disorders.

For adults, functional impairment is defined as difficulties that substantially interfere with or limit role functioning in one or more major life activities, including basic daily living skills (e.g., eating, bathing, dressing); instrumental living skills (e.g., maintaining a household, managing money, getting around the community, taking prescribed medication); and functioning in social, family, and vocational/educational contexts.

Adults who would have met functional impairment criteria during the referenced year without the benefit of treatment or other support services are included in this definition.

APPENDIX II: RESOURCES

Mental Health Services for Older Adults

Gatz, M. (1995). *Emerging Issues in Mental Health and Aging*. Washington, DC: American Psychological Association.

Bierman, A., Spector, W., and AHRQ Task Force on Aging (2001). *Improving the Health and Health Care of Older Americans*. A Report of the AHRQ Task Force on Aging. Rockville, MD: Agency for Healthcare Research and Quality, U.S. Department of Health and Human Services. AHRQ Pub No. 01-0030.

Knight, B.G., Teri, L., Wohlford, P., & Santos, J. (1995). *Mental Health Services for Older Adults: Implications for Training and Practice in Geropsychology*. Washington, DC: American Psychological Association.

Linkins, K., Robinson, G., Karp, J., Cooper, S., Liu, J., and Bush, S. (2001). *Screening for Mental Illness in_Nursing Facility Applicants: Understanding Federal_Requirements.* SAMHSA Publication No. (SMA) 01-3543. Rockville, MD: Center for Mental Health Services, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services.

Ory, M.G., Abeles, R.P., and Lipman, P.D. (1992). *Aging, Health and Behavior*. Newbury Park, CA: Sage

Stockdill, J.W. and Ciarlo, J.A. (2000). Aging, Mental Illness, and the Frontier. *Journal of the Washington Academy of Sciences*, 86 (3), 107-115.

Geller, J.M. and Muus, K.J. (2000). The role of rural

primary care physicians in the provision of mental health services. *Journal of the Washington Academy of Sciences*, 86 (3), 131-142.

U.S. Department of Health and Human Services (1999). *Mental Health: A Report of the Surgeon General–Older Adults and Mental Health*. Rockville, MD: U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Mental Health Services, National Institutes of Health, National Institute of Mental Health.

U.S. Department of Health and Human Services (2001). Report of a Surgeon General's Working Meeting on the Integration of Mental Health Services and Primary Health Care, 2000, November 30-December 1, Atlanta Georgia. Rockville, MD: U.S. Department of Health and Human Services, Office of the Surgeon General.

U.S. Department of Health and Human Services (2001). *Older Adults and Mental Health: Issues and Opportunities*. U.S. Department of Health and Human Services, Administration on Aging.

U.S. Department of Health and Human Services (1994). *Innovative Community Based Services for Older Persons with Mental Illness*. U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Mental Health Services.

U.S. Department of Health and Human Services (1998). Substance Abuse Among Older Adults: Treatment Improvement Protocol (TIP) Series 26. Rockville, MD: U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment.

U.S. Department of Health and Human Services (2002). *Promoting Older Adult Health: Aging Network Partnerships to Address Medication, Alcohol, and Mental Health Problems*. DHHS Publication No. (SMA) 02-3628. Rockville, MD: U.S.

Department of Health and Human Services, Substance Abuse and Mental Health Services Administration.

Cultural Competence

Center for Mental Health Services, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services (2000). Cultural Competence Standards in Managed Mental Health Care Services: Four Underserved/ Underrepresented Racial/Ethnic Groups (Document no. SMA 00-3457). Available through the Center for Mental Health Services Knowledge Exchange Network, 1-800-789-2647 or www.mentalhealth.org.

Dais, T. (1993). An analysis of transition assessment practices: Do they recognize cultural differences? In T. Dais, N. Meier-Knonick, P. Luft, and F.R. Rusch's (Eds.), *Selected Readings in Transition: Cultural Differences, Chronic Illness, and Job Matching.* Transition Research Institute at Illinois, University of Illinois at Urbana-Champaign.

U.S. Department of Health and Human Services (2001). *Mental Health: Culture, Race, and Ethnicity--A Supplement to Mental Health: A Report of the Surgeon General.* Available through the Center for Mental Health Services Knowledge Exchange Network, 1-800-789-2647 or www.mentalhealth.org.

Bazron, B.J., Dennis, K.W. and Isaacs, M.R. (1989, March). Toward a Culturally Competent System of Care: A Monograph on Effective Services for Minority Children Who Are Severely Emotionally Disturbed. Georgetown University Child Development Center.

Research Foundation for Mental Hygiene, Inc. (1998). *Cultural Competence Performance Measures*. NY State Office of Mental Health.

APPENDIX III: GUIDELINES FOR CONSUMER AND FAMILY PARTICIPATION

SAMHSA is committed to fostering consumer and family involvement in substance abuse and mental health policy and program development across the country. A key component of that commitment is involvement of consumers and family members in the design, development, and implementation of projects funded through SAMHSA's grants and cooperative agreements. The following guidelines are intended to promote consumer and family participation in SAMHSA grant and cooperative agreement programs.

In general, applicant organizations should have experience or a documented history of positive programmatic involvement of recipients of mental health services and their family members. This involvement should be meaningful and span all aspects of the organization's activities as described below:

- **Program Mission** The organization's mission should reflect the value of involving consumers and family members in order to improve outcomes.
- **Program Planning** Consumers and family members should be involved in substantial numbers in the conceptualization of initiatives, including identification of community needs, goals and objectives; identification of innovative approaches to address those needs; and development of budgets to be submitted with applications. Approaches should incorporate peer support methods.
- Training and Staffing Organization staff should have substantive training in, and be familiar with, consumer and family-related issues. Attention should be placed on staffing the initiative with people who are themselves consumers or family members. Such staff should be paid commensurate with their work and in parity with

other staff.

- Informed Consent Recipients of project services should be fully informed of the benefits and risks of services and allowed to make a voluntary decision, without threats or coercion, to receive or reject services at any time. SAMHSA Confidentiality and Participant Protection requirements are detailed in SAMHSA GFAs. These requirements must be addressed in SAMHSA funding applications and adhered to by SAMHSA awardees.
- Rights Protection Consumers and family members must be fully informed of all rights, including those designated by the President's Advisory Commission's Healthcare Consumer Bill of Rights and Responsibilities: information disclosure, choice of providers and plans, access to emergency services, participation in treatment decisions, respect and nondiscrimination, confidentiality of health care information, complaints and appeals, and consumer responsibilities.
- Program Administration, Governance, and Policy Determination Efforts should be made to hire consumers and family members in key management roles to provide project oversight and guidance. Consumers and family members should sit on all Boards of Directors, Steering Committees, and advisory bodies in meaningful numbers. Such members should be fully trained and compensated for their activities.
- **Program Evaluation** Consumers and family members should be integrally involved in designing and carrying out all research and program evaluation activities. These activities include: determining research questions, adapting/selecting data collection instruments and methodologies, conducting surveys, analyzing data, and writing/submitting journal articles.

APPENDIX IV: SAMHSA/CMHS GPRA CORE CLIENT OUTCOME MEASURES

The Government Performance and Results Act (GPRA) of 1993 (Public Law-103-62) requires all Federal departments and agencies to develop strategic plans that specify what they will accomplish over a 3 to 5-year period, to annually set performance targets related to their strategic plan, and to annually report the degree to which the targets set in the previous year were met. In addition, agencies are expected to regularly conduct evaluations of their programs and to use the results of those evaluations to "explain" their successes and failures, based on the performance monitoring data.

Therefore, SAMHSA is now accountable for demonstrating the effectiveness of all its programs through performance data. In order to support current and future funding, we need two types of response from the National Technical Assistance **Center for the Mental Health Needs of Older Adults** to meet GPRA requirements. The first is to collect performance data on the activities of the **National Technical Assistance Center**. There are no formal core GPRA measures for technical assistance centers yet developed by SAMHSA. However, you will be asked to provide your GPO with performance measures as new requirements are developed by SAMHSA. You should also plan to provide the following performance data: feedback obtained from stakeholder consensus panels about the quality and satisfaction with materials generated by the National Technical Assistance Center for dissemination; data on the amount of technical assistance provided; and data on the number of programs the **National Technical Assistance Center** has helped to implement evidence-based services for older adults.

The second way in which the **National Technical Assistance Center** will help SAMHSA to meet
GPRA reporting requirements is to help Targeted
Capacity Expansion **Group I** awardee sites in
collecting and reporting performance data. Our
ability to support these awards in future years
depends on the data that these sites provide and on
the quality of the analysis and summary reports that
the National Technical Assistance Center compiles
using GPRA data from **Group I** awardees. This
performance element will be carefully considered
in assessing awardee performance and may have
implications for future awards.

The following explains how CMHS will address the GPRA requirements for the *Targeted Capacity Expansion: Meeting the Mental Health Services Needs of Older Adults* program.

The GPRA data elements to be collected by the **Group I** sites are outlined on the following pages. These data are to be used to assess the performance of the **Group I** sites over the 3-year award period. We request that the National Technical Assistance **Center** assist the sites in meeting their obligation to gather these data at a response rate of 80% or better, and to submit these products within the specified time lines. The National Technical **Assistance Center** is responsible for using these data to conduct a cross-site evaluation of the Group I service programs. Group I sites are asked to report data on these outcomes in years 1, 2, and 3 of the current grant. The National Technical **Assistance Center** will submit annual reports and a final summary report of the GPRA cross-site evaluation.

Form Approved OMB No. 0930-0208 Expiration Date 10/31/2002

CMHS GPRA Client Outcome Measures for Discretionary Programs

Public reporting burden for this collection of information is estimated to average 20 minutes per response, if

all items are asked of a client. To the extent that providers already obtain much of this information as part of their ongoing client intake or follow-up, less time will be required. Send comments regarding this burden estimate or any other aspect of this collection of information to SAMHSA Reports Clearance Officer, Room 16-105, 5600 Fishers Lane, Rockville, MD 20857. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information, unless it displays a currently valid OMB control number. The control number for this project is 0930-0208.

Form Approved OMB No. 0930-0208 Expiration Date 10/31/2002

A. R	ECORD MA	ANAGEMENT	
Client	: ID		
Coope	erative Agreei	nent ID	
Aware	l Year	 Year	
Interv	riew Date	///	
Interv	iew Type	1. INTAKE 2. 6-month follow-up 3. 12-month follow-up	
В.	DRUG AN	ID ALCOHOL USE	
1.	During the p	ast 30 days, how many days have you used the following?	Number of Days
	a. Any alcol	nol	
	b. Alcohol t	o intoxication (5+ drinks in one sitting)	
	c. Illegal dru	ngs	
2.	During the p	ast 30 days, how many days have you used any of the following?	Number of Days
	a. Cocaine/	Crack	
	b. Marijuan	a/Hashish [Pot, Joints, Blunts, Chronic, Weed, Mary Jane]	
	c. Heroin [S	mack, H, Junk, Skag], or other opiates	
	d. Nonpresc	ription methadone	

	e.	MDMA	ogens/psychedelics, PCP [Angel Dust, Ozone, Wack, Rocket Fuel], [Ecstacy, XTC, X, Adam], LSD [Acid, Boomers, Yellow Sunshine], boms, Mescaline	
	f.	_	netamine or other amphetamines [Meth, Uppers, Speed, Ice, rystal, Glass, Fire, Crank]	
	g.	Grievous Bo	pines, barbiturates, other tranquilizers, downers, sedatives, or hypnotics [GHB, odily Harm, Georgia Home Boy, G, Liquid Ecstacy; Ketamine, Special K, K, Cat Valiums; Rohypnol, Roofies, Roche]	
h. Inhalants [Poppers, Snappers, Rush, Whippets]		[Poppers, Snappers, Rush, Whippets]		
	i.	Other Dru	gs - Specify	
C.	F	AMILY A	AND LIVING CONDITIONS	
	1. In	the past 30	days, where have you been living most of the time?	
		O SI	helter (safe havens, TLC, low-demand facilities, reception centers, other tempor vening facility)	ary day or
			treet/Outdoors (sidewalk, doorway, park, public or abandoned building)	
		О Н	astitution (hospital, nursing home, jail/prison) foused (Own or someone else's apartment, room, house, halfway house, resident eatment)	ntial
2.	\mathbf{N}	A little did Moderate Quite a bid Extreme of Don't know Not applications.	ulty fficulty difficulty it of difficulty difficulty ow	
3.			week, to what extent have you been experiencing difficulty in the area of:	
			esponsibilities (e.g., shopping, cooking, laundry, keeping your room clean,	
	_	ther chores No difficu		
	C		•	
	C		difficulty	

	0	Quite a bit of difficulty
	0	Extreme difficulty
	0	Don't know
	0	Not applicable
	0	Refused
4.	During	the past week, to what extent have you been experiencing difficulty in the area of:
		ork (e.g., completing tasks, performance level, finding or keeping a job)?
	0	No difficulty
		A little difficulty
		Moderate difficulty
	0	Quite a bit of difficulty
		Extreme difficulty
	0	Don't know
	0	Not applicable
	0	Refused
5.	_	the past week, to what extent have you been experiencing difficulty in the area of:
		isure time or recreational activities?
		No difficulty
		A little difficulty
		Moderate difficulty
		Quite a bit of difficulty
		Extreme difficulty
		Don't know
		Not applicable
	0	Refused
6	During	the past week, to what extent have you been experiencing difficulty in the area of:
0.	_	veloping independence or autonomy?
		No difficulty
	0	A little difficulty
	_	Moderate difficulty
	O Quite a bit of difficulty	
	0	Extreme difficulty
	0	Don't know
	0	Not applicable
	0	Refused
	_	

EDUCATION AND EMPLOYMENT D.

1. Are you currently enroned in school of a job training program: [IF ENROLLED, is it full		
	or part time?] O Not enrolled	
	O Enrolled, full time	
	O Enrolled, part time O Other (specify)	
	O Other (specify)	
2.	What is the highest level of education you have finished, whether or not you received a degree? [01=1st grade, 12=12th grade, 13=college freshman, 16=college completion]	
	level in years	
	2a. If less than 12 years of education, do you have a GED (Graduate Equivalent Diploma)? O Yes O No	
3.	Are you currently employed? [Clarify by focusing on status during most of the previous week, determining whether client worked at all or had a regular job but was off work.] O Employed full time (35+ hours per week, or would have been) O Employed part time O Unemployed, looking for work O Unemployed, disabled O Unemployed, volunteer work O Unemployed, retired O Other Specify	
Ε.	CRIME AND CRIMINAL JUSTICE STATUS	
	In the past 30 days, how many times have you been arrested?	
F.	DEMOGRAPHICS (ASKED ONLY AT BASELINE)	
1.	Gender	
1.	OMale OMale	
	OFemale	
	OOther (please specify)	
	Control (prease speeding)	
2.	Are you Hispanic or Latino?	
	O Yes O No	

3.	what is your race; (Select one or	more)
	O Black or African American	O Alaska Native
	O Asian	O White
	O American Indian	O Other (Specify)
	O Native Hawaiian or other	
	Pacific Islander	
4.	What is your date of birth?	/ /
		Month / Day / Year